A starting water supply

A four-person example for three days

Day 1		4 US gallons
Day 2		4 US gallons
Day 3		4 US gallons

4 people × 3 days × 1 US gallon per person per day **12 US gallons**

human baseline for 3 days; each outline represents 1 US gallon

CDC recommends at least three days and trying for two weeks if possible. Plan additional water for pets and individual needs.

Sources: CDC emergency water supply

General planning reference. Follow current local emergency instructions and the full guide's conditions. Reviewed 2026-11-02.

Full guide: https://kitauthority.com/preparedness/emergency-water-storage-for-home

CDC emergency water supply: https://www.cdc.gov/water-emergency/about/how-to-create-and-store-an-emergency-water-supply.html